



Central California Coast Chapter
MILITARY OFFICERS ASSOCIATION OF AMERICA
COASTAL CLARION

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for 2020 - 2021**

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President's Message

Dear Central California Coast Chapter Members of MOAA,

Today, Memorial Day 2020, the COVID-19 global epidemic crises, which hit the United States' media on March 13th, with CDC's recommended virus containment strategies . . . and has since morphed into each States' Governor determining their own strategies, timing, and legality of their interpretations of CDC's Phase I guidance. From "Social Distancing", the closing of many "Non-essential" businesses, the requirement of wearing face masks in public, and frequent hand washing, to California's version of, "Home Quarantining" and "non-essential businesses", we still do not know when our next Chapter meeting can be held.

As we work through these challenges, it is the responsibility of each Member to reach out and contact the other Members of the Chapter. Our EXCOM Members will soon be initiating a new, "Call Tree", however, you do not need to wait for their calls. Instead, I am requesting that during the next three weeks, **each of you make at least 3 phone calls to other Chapter Members . . . JUST TO SEE HOW THEY ARE DOING!**

At our May 12th EXCOM (CDC Phase I meeting allowing for up to 10 people), we decided to begin planning for two Chapter luncheon/dinner events during the remainder of 2020. As we start our planning within CDC Phase II guidance, our EXCOM Members will be contacting each Active Chapter Member to discuss any quarantine related needs that you might have; and, what type of events you would like planned for the 3rd Quarter. In the 4th Quarter, we are still planning for our 3rd Annual CCCC MOAA & Hoyt Vandenburg Chapter MOWW Christmas Luncheon to be held in early December. Finally, accompanying this edition of the *Coastal Clarion* is your 2020 Chapter dues reminder form. If you have not already done so, please print the MOAA Chapter form, fill it out, and then return it, with a check for \$25. to P.O. Box 5002 San Luis Obispo, CA 93403-5002.

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In remembrance of those who died for our freedom, sincerely,

Capt. Dave

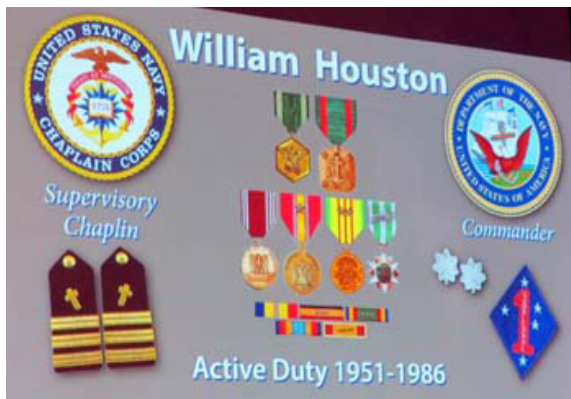
Some of our recent programs:



January 2020. The "final call" Vitory Tribute to our WWII veterans was held at the SLO Country Club in conjunction with the MOWW.



The December meeting was also a joint affair with the MOWW, held at the SLO Country Club



April 2019

This was a combined meeting of the MOAA & MOWW (along with MCL680 & the American Legion) at the Madonna Inn to remember and celebrate the life of our friend CDR William Houston, USN (ret) ... aka: **Padre Bill**



Oct. 2019. This was another joint gathering of MOAA & MOWW at the Madonna with a very special guest speaker, Lt Col Nelson (Ed) "fast Eddie" Cobleigh. USAF (ret).



Sept. 2019. MOAA member Tim Haley, USMC (frm) made a trip to Europe last summer and made a very interesting slide presentation of the historical sites he visited.

Health Notes:

Exercise is a fundamental component to our health and well-being, which is why staying active has been featured as a key recommendation in many Government COVID-19 strategies. The best form of medicine is exercise, so let's stay active, and in doing so, stay healthy. 'Physical distancing' may keep you away from the gym, so it can be a real challenge to sustain your normal exercise routine, especially during this abnormal time when amenities are limited, and motivation levels may slip. Look into many of the virtual exercise programs that are available online or break out those old exercise cassette tapes or DVDs to exercise at home.

Bob & Margy Moynihan

Chaplains notes: Everything Good Comes from God

Trusting in the unconditional love of God: That is the way in which Jesus calls us. The more firmly you grasp this, the more readily you will be able to perceive why there is so much suspicion, jealousy, bitterness, vindictiveness, hatred, violence, and discord in our world. Jesus compares God's love to the light:

Though the light has come into the world people have preferred darkness to light because their deeds were evil. And indeed, everybody who does wrong hates the light and avoids it, to prevent those actions from being shown; but whoever does the right and true, comes out into the light, so that what is being done may plainly appear as done in God.

Jesus sees the evil in this world as a lack of trust in God's love. He makes us see that as we persistently fall back on ourselves, rely more on ourselves than on God, and are inclined more to love self than love God. Leave the dark! Walk in the light, and then we will acknowledge everything good, beautiful, and true comes from God and is offered to us in love.

Reflect: "All that is good, all that is perfect, is given from above; it comes from the Father of light; with Him there is no such thing as alteration, no shadow caused by evil and darkness." (James 1-17)

During this terrible time of trial and tribulation, it is even more important that we offer our selves to God our father. Take time throughout your day to reflect and ponder; give hope and prayers to those who suffer, and strength to those who provide services and care. Without these dedicated citizens, we cannot continue our discipline to see this through.

MILITARY OFFICERS ASSOCIATION OF AMERICA
Central California Coast Chapter
Post Office Box 5002
San Luis Obispo, Ca 93403

**Central California Coast Chapter
Military Officers Association of America • Preamble**

The membership of the Central California Coast Chapter, Military Officers Association of America, in order:

- **To inculcate and stimulate love of our Country and our Flag;**
- **To defend the honor, integrity and supremacy of our National Government and the Constitution of the United States;**
- **To advocate military forces adequate to the defense of our country and to oppose any influence (whatsoever) calculated to weaken the National Security;**
- **To foster fraternal relations between all branches of the various services from which our members are drawn;**
- **To cooperate fully with the various active services in the dissemination of information to the public;**
- **To aid active and retired personnel of the various services from which our members are drawn, their dependents and survivors, in every proper and legitimate manner;**
- **To establish these, as the bylaws of the chapter.**